

GM Suicide Prevention Programme Action Plan 2025-2030		
This Action Plan supports our GM Suicide Prevention Strategy 2025-2030. It shares the commitment of the National Suicide Prevention Strategy 2023-2028 to see the number of suicides in England reduce over the next 5 years – with initial reductions observed within half this time or sooner. Our focus is on seeing a reduction in suicide across our city region.		
The National Strategy has identified specific groups at risk of suicide that require action:		
ACTION	RAG	
1	Children & Young People	
a		We will support the delivery of evidence based self-harm and suicide prevention training (STORM) to all in the Greater Manchester CAMHS workforce.
b		We will make available support information for families and carers who are supporting CYP with their mental health.
c		We will support GM Higher Education sites to meet the recommendations in the National Review of Higher Education Student Suicide Deaths
d		We will review the CYP bereavement support offer across the city region to understand if CYP in GM have access to early support when needed.
2	Middle-aged Men	
a		We will create a campaign focused on men with the intention of reducing suicide.
3	People who have self harmed	
a		We will develop self-harm resources focused on older people and their families/carers as part of the Don't Brush It Under the Carpet Campaign
b		We will arrange a self-harm CPD training day for multi-agency professionals with a focus on older people.
4	People in contact with mental health services	
a		GM mental health trusts will continue to work on improvement plans considering the NCISH 10 Ways to Patient Safety.
b		GM Mental Health trusts will have Suicide Prevention Strategies in place
c		GM Mental Health trust staff will complete suicide prevention and Staying Safe From Suicide safety management training.
d		See Action 1a for CAMHS training.
5	People in contact with criminal justice services	
a		We will add support information to the Shining a Light on Suicide website for those involved in the Criminal Justice System and their families.
b		GM Probation will promote ZSA Probation Suicide Awareness training to their staff and increase completion rates.

c		The prison service will increase the completion rate of their mandatory SaSH – (suicide and self-harm prevention training) for all staff members – operational and non-operational.	
d		ZSA suicide prevention training information will be shared with every GM civil and criminal court along with support resources.	
6		Autistic People	
a		We will increase the completion rate in Greater Manchester for the Zero Suicide Alliance Autism & Suicide Awareness Training by 200.	
7		Pregnant Women and New Mothers	
a		We will add support information to the Shining a Light on Suicide website for pregnant women and new mothers (and new Dads)	
b		We will share information about Post Partum Psychosis with GM stakeholders	
c		We will include maternal health on the agenda of the GM Suicide Prevention Steering Group Meeting for wider awareness	
8		Suicide Attempt Survivors (GM identified)	
a		We will develop co-produced guidance for employers on how to support employees returning to work after a suicide attempt	
b		We will add support information to the Shining a Light on Suicide website for loved ones of those who have attempted suicide	
c		We will confirm a process is in place to ensure support is available for CYP after a parent/primary carer has made an attempt on their own life.	
9		People with Head Injuries (GM identified)	
a		We will share suicide risk information with staff working in GM Head Injury and Trauma Units and encourage staff working in Head Injury and Trauma Units to complete ZSA suicide prevention training.	
b		We will raise awareness of suicide risk for those with head injuries and concussion with Blue Light Services	
10		People with Bipolar (GM identified)	
a		We will share the 5-part webinar series hosted by Bipolar UK exploring bipolar and suicidal thinking with wider stakeholders. Each explores how the risk of suicide affects different members of the bipolar community - men, LGBTQ+, women, young people and people in minoritised ethnic communities.	
11		Peri & menopausal women (GM identified)	
a		We will include support information for peri and menopausal women on the Shining a Light on Suicide website	
b		We will ensure suicide awareness is included in any locality commissioned Menopause Information/Support sessions	
12		Older People (GM identified)	
a		See Action 3b regarding self harm	
b		We will initiate the development of a specific suicide prevention training module focused on older people.	
13		Carers	
a		We will raise awareness of suicide risks amongst Carers and provide training with organisations supporting Carers in GM	
b		We will create social media posts highlighting support for Carers	
14		Hospitality Sector	

a		We will create a campaign focused on the hospitality industry to reduce suicide risk in the sector.	
The National Strategy has identified population level risks:			
15	Physical illness		
a		We will raise suicide awareness with physical health professionals.	
b		We will develop support guidance for those who are unable to work due to a LTC	
c		We will create a mental health and suicide prevention support resource for GPs/Pharmacists for men who attend their service.	
16	Financial Difficulty and economic Adversity		
a		We will deliver further suicide prevention training to those working in the GM Advice Sector	
17	Harmful Gambling		
a		We will capture gambling harm concerns in suspected suicide notifications and any suicide audits conducted.	
b		We will raise awareness of Chapter One training to GM stakeholders to increase awareness of gambling harm as a potential contributory factor to suicide.	
18	Substance Misuse		
a		We will share suicide prevention resources with GM Drug & Alcohol Services and VCFSE organisations working with those struggling with alcohol and drug misuse, to raise awareness of suicide prevention training available and support.	
19	Domestic Abuse		
a		We will review the collated learnings from GM Domestic Abuse Related Death Reviews (DARDR), (formerly known as Domestic Homicide Reviews (DHR) to instigate relevant suicide prevention activity.	
b		We will roll out further half day suicide prevention training to those working in GM Domestic Abuse Services.	
20	Social Isolation and Loneliness		
a		We will include on the Shining a Light on Suicide website information about support available for loneliness.	
b		We will promote the ZSA Loneliness and Social Isolation training with stakeholders	
21	Online Safety, Media and Technology		
a		We will promote the use of the Ripple Suicide Prevention Tool with stakeholders and the public	
b		We will add Samaritans Guidance for Practitioners & Social Media Users to Shining a Light on Suicide website.	
c		We will continue to approach local media platforms to express concern about inappropriate suicide related reporting and report to the Samaritans Media Team	
22	Providing Effective & Appropriate Crisis Support		

a		We will share information about GM and locality crisis support offers on our Shining a Light on Suicide website.	
23	Tackling Means and Methods of Suicide		
a		We will learn from the National Concerning Methods working group and nationwide near real-time suspected suicide surveillance system (nRTSSS) to improve the early detection of, and timely action to address, changes in suicide rates or trends.	
24	High Frequency Locations		
a		We will work with National Highways/LA/Council/ Police/ GMFRS to identify at the earliest opportunity high frequency locations for target hardening initiatives.	
25	Providing Timely and Effective Bereavement Support		
a		We will increase awareness of the GM Bereavement Service by sharing a service user experience	
b		We will work to increase the number of coroner bereavement support notifications being submitted to see an increase on previous years.	
c		We will support GMP in improving the delivery by officers of sharing sudden death news with members of the public.	
d		We will gain agreement from GM Blue Light First Responders that they will inform bereaved families/witnesses at first contact of the GM Bereavement Service	
e		We will increase awareness of the GM Bereavement Service with GM GP's so they can signpost anyone affected by bereavement at the earliest opportunity.	
f		We will explore a GM suicide bereavement peer support offer for CYP	
26	Making Suicide Prevention "Everyone's Business"		
a		We will increase the number of Stories of Hope films shared and resources to raise further awareness of the Shining a Light on Suicide Campaign	
b		We will encourage GM organisations to adhere to the new BSI Standard for Suicide Awareness when finalised.	
27	Improving Data and Evidence		
a		We will complete an annual review of data collated as part of the GM Real Time Surveillance Process	
b		Localities will conduct local Suicide Audits	
c		We will learn from NCISH research on NHS staff suicides and put in place measures to reduce risk	