

## Regent High School: Monday 1<sup>st</sup> June

Year 7 assembly 10:50am

Observed by Claire Clinton, SACRE RE consultant

The year head congratulates pupils positively as they enter the hall – drawing their attention to uniform, thanking them for good behaviour, entering in silence, asked to think about our them of the week – which is up on the screen – the word for the week is responsibility.

A very orderly start to the assembly time was maintained by staff.

Year Head hopes the pupils really enjoyed their break and covers the following:

*A reminder of what we are having now is a word/theme for the week. What does this word mean? Asks pupils to have a think – there are some prompts on the PPT – asks pupils what they think of these definitions? Pupils feedback their points? There are some questions for them to take away and think about how they put this word into practice. In what ways can you be responsible – this is what we are going to talk and think about this morning.*

*Before half term I was talking to you about your 7 year journey here at our school. In a couple of weeks' time you will sit your end of year exams. We want to do everything we can to help you do your best. From these exam results you might have different papers and might move into different classes. I want you to think about how you take responsibility for doing your best. There might be lots of things going on in your head about these exams. How do I revise, can I carry on with my clubs and get ready for exams? Everyone one of us will have pressure in the lead up to exams – that is normal. But remember you can always take with your teachers to check you are doing the right things. You need to have on this responsibility for your revision, and having these conversations with your teachers. Ask if you don't understand. Teachers want you to do well. Using your knowledge organisers as a clever resources. You also have Google classroom, with your teachers setting you targeted revision – that you can use – you need to take ownership.*

*It is important to have balance – extra-curricula is important to keep going – but you might want to change small amounts of 20 mins of revision in and around everything else you have to do.*

*Responsibility is all about small choices we make that add up to helping you grow as a person. Being responsible helps you to become more resilient learner. You will be getting your exam timetable soon and so it is down to you to be responsible.*

*Today I want to give you some top tips (up on PPT).*

- 1. Divide your time between different subjects. Don't do everything for one subject on one night. Use your friends to help practice what you have learnt*
- 2. Revise in small chunks*
- 3. Sleep – a really important way of ensuring we are looking after ourselves*
- 4. Device free time – not being on devices before you try and sleep, have your phone on aeroplane mode, so it won't disturb you when revising. Be responsible*
- 5. Hand written notes, looking at your exercise books REALLY improves your memory of topics Pupils can be 17% at recalling facts and information)*
- 6. Environment – please take ownership of this. The library is open now before and after school, so you have a quiet place.*

*We all want you to do the best you possibly can. I want us to have a silent time when we can think about how we are going to show responsibility in our lives.*

*3 questions to reflect on:*

- 1. How would you define responsibility?*
- 2. How does it feel when you are responsible?*
- 3. What ways you can be responsible in your own lives?*

Teacher then draws reflection time to an end and the pupils applaud the assembly. They end leave the hall in an orderly manner.

The assembly ended at 11:12am