

10 Year Health Plan

Simon Wheatley

Director of Place (West)

NCL ICB

10 Year Health Plan The three shifts



Published 3rd July 2025, the 10 Year Health Plan for England: fit for the future aims to get the NHS back on its feet and make it fit for the future, delivered through three big shifts.

The plan aims for an NHS that delivers personalised care, gives more power to patients, and ensures the best of the NHS is available to all, whilst delivering better value and improved outcomes.







10 Year Health Plan What will the NHS deliver?



From hospital to community

- Same-day digital and telephone GP appointments and calls to GPs will be answered more quickly – ending the 8am scramble
- A GP led Neighbourhood Health Service with teams organised around groups with most need
- Neighbourhood health centres in every community; increased pharmacy services and more NHS dentists
- Redesigning outpatient and diagnostic services
- Redesigning urgent and emergency care, allowing people to book into urgent and emergency care services before attending via the NHS App or NHS 111
- People with complex needs will have the offer of a care plan by 2027 and the number of people offered a personal health budget will have doubled
- Patient-initiated follow-up will be a standard approach

10 Year Health Plan What will the NHS deliver?



From analogue to digital

- The NHS App will be the front door to the NHS, making it simpler to manage medicines and prescriptions, check vaccine status and manage the health of your children
- 'HealthStore' to access approved health apps: Enabling innovative small and medium sized business to work more collaboratively with the NHS and regulators
- A single patient record will mean patient information will flow safely, securely and seamlessly between care providers
- Digital liberation for staff with the scale of proven technology to boost clinical productivity

10 Year Health Plan What will the NHS deliver?



From sickness to prevention

- Health Coach will be launched to help people take greater control of their health, including smoking and vaping habits later this year
- New weight loss treatments and incentive schemes to help reduce obesity
- The Tobacco and Vapes Bill will be passed, creating the first smoke-free generation
- Women will be able to carry out cervical screening at home using self-sample kits from 2026

10 Year Health Plan What the NHS will deliver?



Neighbourhood Health Service

- Ambitious plan to move from a hospital-first, fragmented system to an accessible, community-based
 neighbourhood model. By redesigning how care is delivered—supported by digital tools, integrated teams and local
 centres—the Plan aims to tackle inequalities, put patients in control, improve outcomes, and ensure the NHS
 remains financially sustainable for generations to come.
- **Key principles:** Local-first care, Multidisciplinary neighbourhood teams, Personalised care and Digital by default
- Introduction of two new contracts:
 - 'single neighbourhood providers' that deliver enhanced services for groups with similar needs over a single neighbourhood (c.50,000 people). In many areas, the existing primary care network (PCN) footprint is well set up as a springboard for this type of working.
 - 'multi-neighbourhood providers' (250,000+ people). These larger providers will deliver care that requires working across several different neighbourhoods (e.g. end of life care)."

"In the future, a **neighbourhood health plan** will be drawn up by local government, the NHS and its partners at single or upper tier authority level under the leadership of the Health and Wellbeing Board, incorporating public health, social care, and the Better Care Fund. The ICB will bring together these local neighbourhood health plans into a population health improvement plan for their footprint and use it to inform commissioning decisions." (p.83)